## **Returning to Activity Information**

There are some rules to be able to use sports centre facilities and we must follow these in order to keep everyone in the hall safe and to be able to continue to play. Please ensure you / your child reads the information and understands it (any questions contact the Coach)

Throughout this lockdown situation it is obvious that people have different perspectives to their own and others' level of safety. We've all seen scenes of overcrowded beaches and conversely are aware of those who feel unsafe just leaving their house, or interacting with colleagues who have a similar level of concern to themselves. Furthermore, there is a perception formal events give off to those around them. Therefore, Badminton England Licensed Coaches are working hard to ensure coaching sessions are delivered in respect of the Government guidelines and are examples of the best practice of delivery we are aware of at this time. With this in mind we ask players, parents and helpers to respect and positively engage the level of conduct and safety being implemented, even if some think this is excessive. However, as this is a novel time, coaches and organisers are very happy to take on board better ways to achieve safe, progressive outcomes for players coaches and others, as well as this culture of the sports we are fighting to keep moving, during this difficult time.

The aim of this guidance is to keep us all safe from the transmission of COVID-19 as lockdown eases as well as reducing the number of contacts we are all exposed to. Social distance will be maintained throughout the session by everyone, so that no one should be within 2 m of anyone at any point for any sustained period of time.

- Anyone who has any Covid symptoms themselves or anyone with a family member/friend presenting with Covid symptoms MUST NOT attend sessions.
- Anyone who develops Covid symptoms after a training session must notify the coach immediately and leave a message if you do not get an answer.
- Anyone who has Covid symptoms or a confirmed (positive) test should self-isolate for 10 days from the start of the symptoms and comply with the track and trace system.
- These sessions could be subject to short notice cancellations should Government guidelines change.
- Sessions must be booked and paid for in advance no pay and play option.
- Entrance/exit (pick up/drop off) will be signposted at the entrance or fire exit by the main sports centre car park.
- Do not arrive early as there may be another group using the hall.
- Hand sanitiser will be available upon entry to the hall and will be on each court, as is blue roll and spray to wipe down any benches.
- Make sure you arrive ready to play as there are no changing facilities but there are toilets available.
- No spectators allowed in the hall (apart from Junior parents)
- You must bring and use your own equipment (rackets). Shuttles will be provided.
- Please bring enough water (there is a fountain available for refills but wide rimmed bottles only to be refilled no mouth to bottle refills)
- Players must fill out medical / consent form so the Coach is aware of health conditions/injuries.
- Registers will be taken along with contact details and kept for 21 days for Track and Trace purposes.

